

## VR interactive session



The McPin Foundation is hosting an information session about Virtual Reality (VR) therapy as part of the **gameChange** study. This will involve building a new therapy designed to help people who feel anxious in everyday situations (particularly people experiencing psychosis or paranoia).

The therapy immerses the wearer into simulations of everyday social situations using VR. Some VR scenarios will be available for people to test at the session.

### When and where is the session?

**Date:** 13<sup>th</sup> February

**Time:** 1pm-3:30pm

**Place:** Oxford

### What can I expect?

We will give people the chance to check out some games/activities on a VR headset. We will ask you a few questions about how you think the VR headset might be used and what you think the limitations are.

We are particularly interested in hearing from people who have experienced psychosis. We want to hear from people who are sceptical about VR as well as people who are excited about the possibilities.

### Who do I contact?

Please contact Humma Andleeb ([HummaAndleeb@mcpin.org](mailto:HummaAndleeb@mcpin.org) or phone **020 7922 7872**) if you want to come along. Places are limited so that everyone attending can have a go on the VR.

We will provide tea, coffee and light refreshments on the day. Participants will also be offered a **£20 shopping voucher** as a thank you for their time. Reasonable travel expenses will be reimbursed (please bring receipts).